

# Mesa Cycles of St. Louis, and the Columbia Bicycle Club, give you the toughest set of vanity plates available:

Missouri Road Championship  
Saturday, June 10  
Street Sprints, Awards Party  
Saturday night  
Columbia Cup Criterium  
Sunday, June 11



## Missouri State Road Championship—Saturday, June 10 (registration opens 7 a.m.) **\$3,000+**

Class	Distance	Start Time	Entry	Prizes (places)
Masters, 35+	44 miles	8:00 a.m.	\$25*	Jersey (1st, MO), Medals (3, MO), \$200 (5)
Masters, 40+	44 miles	8:05	\$25*	Jersey (1st, MO), Medals (3, MO), \$200 (5)
Masters, 50+	44 miles	8:10	\$25*	Jersey (1st, MO), Medals (3, MO), \$150 (5)
Men, Cat 5, age 19-29 (50-rider limit)	33 miles	8:15	\$25*	Jersey (1st, MO), Medals (3, MO), Shwag (5)
Men, Cat 5, age 30+ (50-rider limit)	33 miles	8:20	\$25*	Jersey (1st, MO), Medals (3, MO), Shwag (5)
Men, Cat 4	44 miles	9:55	\$25*	Jersey (1st, MO), Medals (3, MO), \$250 (7)
Junior, M/W, 15-16/17-18**	44 miles	10:05	free	Jersey (1st, MO), Medals (3, MO), Shwag (5)
Women, Cat 4	44 miles	10:10	\$25*	Jersey (1st, MO), Medals (3, MO), Shwag (5)
Junior, M/W, 10-12/13-14**	11 miles	10:15	free	Jersey (1st, MO), Medals (3, MO), Shwag (5)
Men, Cat 1-2	99 miles	Noon	\$35*	Jersey (1st, MO), Medals (3, MO), \$1,500 (10)
Men, Cat 3	66 miles	12:10	\$30*	Jersey (1st, MO), Medals (3, MO), \$400 (7)
Women, Cat 1-3	66 miles	12:15	\$25*	Jersey (1st, MO), Medals (3, MO), \$300 (7)

\* Subtract \$5 for a two-day entry. Add \$5 to each entry received after June 1st (postmark).

\*\* A part of the Lance Armstrong Junior Olympic Road Series (LAJORS).

## Street Sprints—Saturday, 7:30 p.m.

Men & Women: 3 places; Entry Fee: \$10; Prizes: 100% payback (guarantee \$100 1st place, both)

Registration located: Shakespeare's Pizza, 3 blocks south of Broadway on 9th St.

Registration opens: 5:30 p.m.

Registration closes: 7:15 p.m.

State Championship awards to follow, with live band, beer & pizza

## Columbia Cup Criterium—Sunday, June 11 (registration opens 7:30 a.m.) **\$3,000+**

Class	Distance	Start Time	Entry	Prizes (places)
Juniors 10-18**	20 min + 5 laps	9:00 a.m.	free	\$100 (5)
Cat 4/5 Men	20 min + 5 laps	9:45	\$25*	\$200 (7)
Women Open	30 min + 5 laps	10:30	\$25*	\$300 (7)
Master Men 40+	30 min + 5 laps	11:15	\$25*	\$300 (7)
Kids (<5, 6-8, 9-12)	1 block—2 laps	Noon	Free	Ribbons (all)
Cat 3/4 Men	40 min + 5 laps	12:30	\$30*	\$600 (10)
Cat 1-3 Men	50 min + 5 laps	1:30	\$35*	\$1,500 (10)

\* Subtract \$5 for a two-day entry. Add \$5 to each entry received after June 1st (postmark).

\*\* A part of the Lance Armstrong Junior Olympic Road Series (LAJORS).

### For more information:

telephone: Aaro Froese, (573) 442-1603  
Adrienne Murphy, (314) 645-4447  
e-mail: fish@columbiabikeclub.com  
murphyadrienne@yahoo.com

### Pre-registration:

**Deadline:**  
6/1/06 (postmark); Hand-deliver or mail your payment and a 2006 USCF athlete's release form (on pg. 3) to:  
Mesa Cycles  
1035 South Big Bend Blvd.  
St. Louis, MO 63117

USCF  
Permit  
Pending

## Directions/Descriptions of courses

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### *State Championship Road Race*

This course is a challenging 11-mile loop with two hairpin turns. The only part that is flat is the parking lot. From I-70, exit south on Stadium Blvd. (#124) approximately three miles to Forum Blvd. Go south on Forum approximately five miles to Nifong. Turn west on Nifong about one mile to the next four-way stop and park in the parking lot on the right (Woodcrest).

### *Street Sprints*

From I-70, exit south on Providence Road. Go approximately one mile to Broadway, turn east six blocks to Ninth St., then south three blocks to world-renowned Shakespeare's Pizza.

### *Columbia Cup Criterium*

This is a technical figure eight course that borders Peace Park located on the northwest corner of the University of Missouri-Columbia campus. The course is approximately one mile in length with eight 90-degree turns. Pavement is smooth with the exception of one short section of brick paving. The course is wide with three slight uphill sections and a downhill sprint finish. From I-70, exit south on Providence Road. At Broadway, turn east to the fourth stoplight (Eighth St.) then south three blocks to Elm St. Parking is one block west at the corner of 7th and Elm.

## Lodging

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### **\*\*Regency Hotel Downtown— 1111 East Broadway 573-443-2090**

- 1) \$60 Group Room Rate: 1-4 per room
- 2) Complimentary Continental Breakfast
- 3) Free Local Calls
- 4) Outdoor Pool & Hot Tub
- 5) Complimentary use of Gold's Gym
- 6) All rooms have Refrigerators, Microwaves, Irons, Ironing Boards and coffee makers
- 7) More than 70 Restaurants and 110 retail stores within walking distance
- 8) Walking distance from both Saturday night street sprints and Sunday's criterium

### **\*\*Best Value Inn— 1718 N. Providence Rd 573-442-7908**

- 1) \$39 Group Room Rate: 1-4 per room
- 2) Complimentary Continental Breakfast
- 3) Free Local Calls
- 4) Outdoor Pool
- 5) Located just off I-70 at the Providence Rd. exit

**\*\*Be sure to ask for the special rate available to participants of the Missouri State Road Championship**

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## Sponsors

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Shakespeare's  
Pizza



Columbia  
BICYCLE CLUB RACE TEAM



2006 USA Cycling, Inc. Event Release Form (Rev 4/06)

The following event release form has been approved by USA Cycling, Inc. If reproduced, it must be in a minimum of 10 point type and retain the exact same formatting.

PLEASE COMPLETE THE FOLLOWING INFORMATION

TODAY'S DATE \_\_\_\_\_  
 EVENT NAME \_\_\_\_\_  
 EVENT DATE(S) \_\_\_\_\_  
 RACE(S)/ACTIVITY(IES) ENTERED \_\_\_\_\_  
 CLUB/TEAM NAME \_\_\_\_\_  
 ANNUAL LICENSE # \_\_\_\_\_  
 RACING AGE (as of December 31, 2006) \_\_\_\_\_  
 Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ E-Mail \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_  
 Emergency Contact Phone \_\_\_\_\_

I ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT, I AM ASSUMING RISKS, AND AGREEING TO INDEMNIFY, NOT TO SUE AND RELEASE FROM LIABILITY THE ORGANIZER OF THIS EVENT AND USA CYCLING, INC. (USAC), ITS ASSOCIATIONS (THE UNITED STATES CYCLING FEDERATION (USCF), NATIONAL OFF ROAD BICYCLE ASSOCIATION (NORBA), NATIONAL COLLEGIATE CYCLING ASSOCIATION (NCCA), U.S. PROFESSIONAL RACING ASSOCIATION (USPRO), AND BMX ASSOCIATION (BMXA)), AND USA CYCLING DEVELOPMENT FOUNDATION (USACDF), AND THEIR RESPECTIVE AGENTS, EMPLOYEES, VOLUNTEERS, MEMBERS, CLUBS, SPONSORS, PROMOTERS AND AFFILIATES (COLLECTIVELY "RELEASEES"), AND THAT I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS. THIS ENTRY BLANK AND RELEASE IS A CONTRACT WITH LEGAL AND BINDING CONSEQUENCES AND IT APPLIES TO ALL RACES AND ACTIVITIES ENTERED AT THE EVENT, REGARDLESS WHETHER OR NOT LISTED ABOVE. I HAVE READ IT CAREFULLY BEFORE SIGNING, AND I UNDERSTAND WHAT IT MEANS AND WHAT I AM AGREEING TO BY SIGNING.

In consideration of the issuance of a license to me by one or more Releasees or the acceptance of my application for entry in the above event, I hereby freely agree to and make the following

contractual representations and agreements. I ACKNOWLEDGE THAT CYCLING IS AN INHERENTLY DANGEROUS SPORT AND FULLY REALIZE THE DANGERS OF PARTICIPATING IN THIS EVENT, whether as a rider, official, coach, mechanic, or otherwise, and FULLY ASSUME THE RISKS ASSOCIATED WITH SUCH PARTICIPATION INCLUDING, by way of example, and not limitation: dangers associated with man made and natural jumps; the dangers of collision with pedestrians, vehicles, other riders, and fixed or moving objects; the dangers arising from surface hazards, including pot holes, equipment failure, inadequate safety equipment, use of equipment provided by the event organizer and others, THE RELEASEES' OWN NEGLIGENCE, the negligence of others and weather conditions; and the possibility of serious physical and/or mental trauma or injury, or death associated with the event. For myself, my heirs, executors, administrators, legal representatives, assigns, and successors in interest (collectively "Successors") I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS, AND PROMISE TO INDEMNIFY AND NOT TO SUE the Releasees and all sponsors, organizers and promoting organizations, property owners, law enforcement agencies, public entities, special districts and properties that are in any manner connected with this event, and their respective agents, officials, and employees through or by which the event will be held, (the foregoing are also collectively deemed to be Releasees), FROM ANY AND ALL RIGHTS AND CLAIMS INCLUDING CLAIMS ARISING FROM THE RELEASEES' OWN NEGLIGENCE, which I have or which may hereafter accrue to me and from any and all damages which may be sustained by me directly or indirectly in connection with, or arising out of, my participation in or association with the event, or travel to or return from the event. I agree it is my sole responsibility to be familiar with the event course and agenda, the Releasees' rules, and any special regulations for the event and agree to comply with all such rules and regulations. I understand and agree that situations may arise during the event which may be beyond the control of the Releasees, and I must continually ride and otherwise participate so as to neither endanger myself nor others. I accept responsibility for the condition and adequacy of my equipment, and equipment provided for my use, and my conduct in connection with a USA Cycling event. I will wear a helmet which satisfies the requirements of the Releasees' Racing Rules or Regulations and that can protect against serious head injury, and assume all responsibility and liability for the selection of such a helmet. I have no physical or medical condition which would endanger myself or others if I participate in this event, or would interfere with my ability to safely participate in this event. I understand that drug testing may be conducted for athletes registered for this event and that the use of blood boosting or substances prohibited by Releasees' rules would make

me subject to penalties including, but not limited to, disqualification and suspension. I agree to be subject to drug testing if selected, and its penalties if I fail to comply with the testing or am found positive for the use of a banned substance.

I agree, for myself and my successors, that the above representations are contractually binding, and are not mere recitals, and that should I or my successors assert a claim contrary to what I have agreed to in this contract, the claiming party shall be liable for the expenses (including legal fees) incurred by the Releasees in defending the claims. This contract may not be modified orally, and a waiver or modification of any provision shall not be construed as a waiver or modification of any other provision herein or as a consent to any subsequent waiver or modification. I consent to the release by any third party to Releasees and their insurance carriers of my name and medical information that may relate solely to any injury or death I may suffer arising from the event. Every term and provision of this contract is intended to be severable. If any one or more of them is found to be unenforceable or invalid, that shall not affect the other terms and provisions, which shall remain binding and enforceable.

\_\_\_\_\_  
 Signature of Entrant

\_\_\_\_\_  
 AGE

CONSENT AND RELEASE OF PARENT OR GUARDIAN

I am the parent or guardian of \_\_\_\_\_ (Child). My Child is fit for the event, and I consent to my Child's participation. I HAVE READ AND I UNDERSTAND THE ABOVE CONTRACT. In consideration of allowing my Child to participate, I consent to the contract and agree that ITS TERMS SHALL LIKEWISE BIND ME, MY CHILD, my heirs, legal representatives, and assigns. I HEREBY RELEASE AND SHALL DEFEND, INDEMNIFY AND HOLD HARMLESS THE RELEASEES FROM EVERY CLAIM AND ANY LIABILITY that I or my Child may allege against the Releasees (including reasonable legal fees and costs) as a direct or indirect result of injury or death to me or my Child because of my Child's participation in the event; WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES or others. I PROMISE NOT TO SUE RELEASEES, on my behalf or on behalf of my Child regarding any claim arising from my Child's participation in the event.

\_\_\_\_\_  
 Signature of Parent or Guardian