

The Columbia Bike Club proudly presents

FROZE TOES

*A Training
Road Race—
Sunday,
February 26,
2006
Columbia,
Missouri*

Class	Entry closes	start	distance	places/prizes	entry
3-4	11:15	11:30	31 mi.	top 3/merchandise	\$15
Masters — 40+	11:30	11:45	31 mi.	top 3/merchandise	\$15
Pro 1-3	11:45	Noon	62 mi.	top 5/merchandise	\$15
5 — age 19+	11:55	12:10	31 mi.	top 5/merchandise	\$15
5 — age 40+	12:05	12:20	31 mi.	top 3/merchandise	\$15
Jr's — (18 & below) *	12:20	12:35	31 mi.	top 3/merchandise	free
Women (Open)	12:25	12:40	31 mi.	top 5/merchandise	\$15
Women 4	12:35	12:50	31 mi.	top 3/merchandise	\$15

*Provide a
wheel
vehicle &
driver, and
your entry is
free! But
you must
call to
reserve a
spot.*

 **No late fees**

 **Hot home-made chili as long as it lasts**

 **USCF licenses available on-site
for beginner, unlicensed and renewing racers**

 **Blizzard date will be March 5**

Course description:

Very flat 31-mile loop with four turns and two big-ring hills approximately five miles from the finish. The pavement is in good shape with only a couple of short rough stretches. There is new pavement along much of the I-70 frontage road.

Directions from Columbia:

Take I-70 east approximately seven miles to the Route Z exit (#133). Take Route Z north approximately three miles to the Two-Mile Prairie School.

Information:

Julie Pautler Hall—(573) 817-bike
USCF permit pending



On-site registration only—opens at 9:00 a.m., day of race. In the gym. Enter side door and turn left.

TREK

cannondale **feel it**

Triathletics



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BICYCLE
WAREHOUSE**